



INVITE ALL YOUR FRIENDS!

Win a YMCA Membership

Visit athompson.cbrivervalley.com for an application

ANGELA THOMPSON & FAMILY

Would like to share their love of the YMCA and the road to a healthy lifestyle by giving away one family membership to the Winona Family YMCA.



The YMCA strives to have programs that build a healthy spirit, mind, and body for all. There are numerous programs for all ages and abilities. Childcare, Camp Wenonah, Youth Sports, Fitness Classes, Swimming Pool, Weight room, Basketball Courts, Pickleball, Walking track and so much more! For a chance to win, visit Athompson.cbrivervalley.com and print off an entry form. Submit the completed form by December 13, 2019. Winner will be announced December 20, 2019. Good Luck!



YMCA Membership Entry Form

NAME _____

EMAIL _____

PHONE _____

FAMILY MEMBERS _____

Tell us about yourself and why you would like to be chosen. How do you see yourself and/or family using the YMCA? What are your short/long term health and wellness goals? Tell me your story, get creative, pictures and videos welcome and encouraged! Answers not limited to space provided. Submit entry form to athompson@cbrivervalley.com Deadline: December 13, 2019

Giveaway is sponsored by Angela Thompson. Anyone can enter. Winners will be chosen based on entry form answers. Not a random drawing.



Angela Thompson

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